

New Life FOR ADULTS AND YOUTH REPORT





"But we press forward knowing that there is a different outcome when we allow the love of God to change our mindand change our hearts."

Executive Director Rosalinda Rivera

Thank you so much for your partnership in New Life For Adults and Youth's ministry. As we reflect on the many blessings of 2019, I'm deeply thankful for God's provision and your compassionate response to the needs of the men, women, and children we care for in our New Life for Adults and Youth homes.

Ever since my mom and dad and our family started reaching hurting people in 1971, it has been my privilege to work beside them carrying on their mission to reach the suffering. As we look back to how many thousands of broken hearts we have seen healed, we also look forward with faith to how many more will be transformed in the next generation.

Today, women are healing from past abuse and resulting addictions; mothers are growing to be better caregivers to their children through our Mercy Mom's Program and finding direction for their family's future; men are breaking the cycle of addiction for themselves and their families.

With so many overdoses--unnecessary deaths, the challenge has been more difficult than ever before. Without your help, these men and women from all walks of life would be back on the streets doing whatever is necessary to survive.

There's not a month that goes by that we don't hear of somebody that has passed away because of the tormenting grip of addiction.

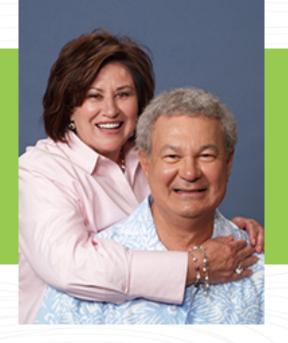
But we press forward knowing that there is a different outcome when we allow the love of God to change our minds and change our hearts.

Your support has proven that someone cares and is providing them with healthy options.

Thank you from the New Life Family!

We are grateful that you have taken the time to help other families impacted by trafficking, trauma, and substance use disorders. Your continued support gives them a safe place to call home

Rosalinda Rivera.



WHERE IT ALL BEGAN

Founded by Victor & Carmen Torres in 1972, New Life for Adults and Youth has provided hope and healing to over 20,000 desperate young men and women. Once trapped in a life of addiction, they are being successfully equipping with the tools to know their true value and purpose while teaching them to live productive lives.

WHO WE ARE:

New Life for Adults and Youth is a teen (18+) and adult residential rehabilitation and treatment center for men and women struggling with life-controlling addictions. New Life for Adults and Youth exists to provide mentorship, opportunities, and resources to all as they to experience God's unconditional love, forgiveness, and life-transforming power.



VISION

New Life for Adults and Youth is committed to being an effective and well-respected organization dedicated to transforming the lives of hurting people searching for healing and wholeness.

MISSION

New Life for Adults and Youth is a faith-centered organization committed to rebuilding broken lives and reestablishing individuals while giving hope to families and communities impacted by substance abuse.

CORE VALUES & PRINCIPLES

Faith, Compassion, Dignity and Excellence.

FINANCIAL ACCOUNTABILITY:

New Life for Adults and Youth is a 501(c)(3) public charity that operates under the highest standards of financial accountability. Aside from our induction fee, our residential program is free to the young men or women we serve, so we depend on donations from generous supporters.

Our third-party independently-audited financial data shows 85% of expenses going to program costs.



New Life for Adults and Youth operates a 12-month four-phase growth program with an optional 6-month fifth phase for those interested in pursuing leadership training. We use proven methods and counselors throughout our year long program. New Life's programs use a holistic approach addressing the root causes of issues that kept the individual bound by addiction or destructive choices while mentoring our students in all aspects of life: decision-making, communication skills, job readiness, and behavioral skills.

Our goals are to help our students permanently stop damaging decision making, discover their purpose in life and help them become productive and flourishing individuals.

While in the program, residents receive:

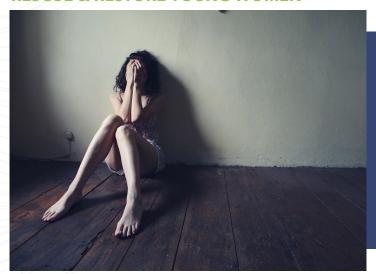
- Housing
- Meals
- Transportation
- Clothing
- Individual mentoring
- Counseling in a group setting
- Peer-to-Peer Mentorship
- Spiritual based educational curriculum

Residents participate in a work-study program, receiving vocational training in many areas including:

- Food Certification
- Building and Grounds Management
- Access to GED courses and testing center
- Auto Mechanic Training
- Car Wash & Detail Center
- Thrift Store
- Food Bank
- Courses in Finance and Budgeting (Financial Peace)

THE MERCY HOUSE

RESCUE & RESTORE YOUNG WOMEN



Our phones ring constantly--quite often there is a waiting list to enter The Mercy House.

When they come through our doors, devastation encounters love and acceptance in our home for women who have survived domestic violence, rape, stalking, eating disorders, physical abuse, and addiction.

VIOLENCE IN THE UNITED STATES

According to the National Domestic Violence Hotline

- On average 24 people per minute are victims of rape, physical violence or stalking in the US.
- Nearly 1 in 5 women in the US have experienced rape, physical violence.
- 30 to 60% of perpetrators of intimate partner violence also abuse children in the household.
- About 35% of women who were raped as minors also were raped as an adult.

Our objective is to rescue and restore these victims who have turned to substance abuse as a way to cope with the trauma associated with their heartbreaking circumstances. Low self-esteem, loneliness, and feelings of abandonment often lead to self-harm and destructive behavior as a means of mental and emotional escape. Because of the link between substance abuse and trauma, victims often require a specific kind of treatment. Trauma-Informed Care is an organizational structure and treatment framework that staff and counselors at New Life's Mercy House for Women apply to our Freedom Track.

HELP THEM WIN THE FIGHT OF THEIR LIFE

Human Trafficking is often thought of as a problem other nations face. This horrific slavery is in our own neighborhoods. New Life rescues young women trapped by a life of addiction, abuse, sex- trafficking, and despair. Often overlooked with nowhere to turn for protection, support, and direction, they have all but given up. One call to New Life begins the journey to wholeness and a better life with proven steps to restoring their lives.

Since 1971, we provide a safe place for women to recover from the past and build their futures on a healthy foundation. Their children are reunited with the healthy, happy, mother they longed for, parents get their daughters back, and families are whole again.

Mercy Mom's House

The Mercy House successfully graduates countless young women into a life free from drug and alcohol addiction, many of whom are mothers to a young child. Our follow-up program, Mercy Mom's House meets a critical and essential need. Women and their children caught in a cycle of dysfunction and abuse experience hope and a promising future.

- Re-connect mothers with their children,
- Re-store their relationship and
- Re-establish the family to the community.

TESTIMONIALS

GREG

I finished high school and got into drug use and partying, with drug use ranging from an occasional thing to a full-blown addiction. Little by little, I surrendered more of myself to drugs, until the only thing that I had faith in was heroin. It broke me down and I was living in complete emptiness.

I decided to come to NLFY and an awakening of my old self, along with faith in God, has taken place and I am truly grateful. Now, I hope to put my struggles and experiences to good use impacting others.

BILLIE

Words cannot express how grateful I am to have been given this opportunity. I support New Life for Adults and Youth because they had faith in me and bestowed upon a wonderful opportunity.

I am proud to serve New Life and help do my part in giving back to this organization that has given so much to our community.



A NEW LIFE FOR YOUNG MEN

SETTING FREE MEN FROM THE CYCLES OF ADDICTION AND INCARCERATION

Men's Program

Individuals receive room and board, group and individual counseling, parenting classes, spiritual support, relapse preven-tion, anger management, drug and alcohol education, and social/recreational activities, as well as vocational rehabilitation and sober living for program graduates.

Our holistic approach helps to solve the underlying causes of addiction, breaking the dependence on substances while providing encouragement and training to ensure the individual does not return to their destructive lifestyle.

Countless young men have reversed the devastation addictions have caused in their relationships, careers, and futures.

We set the individual on a new course in life with all new motivations and renewed respect, peace, and care for others. For nearly 50 years, it has been our joy and privilege to watch sons return to their families and husbands home with their wives and children, building positive memories that will impact the next generation.

From joining the US military, enrolling in college or becoming gainfully employed, New Life equips young men to be positive sober role models.

I thought my life was over... but it is just beginning!

I never thought I would learn to love, laugh and live again. But New Life has helped me to break the addiction cycle that was destroying me and my family. They taught me to believe in myself and have equipped me with the life skills that assisted me in restoring a trusting and loving relationship with my family.

The vocational training I participated in opened doors for new employment opportunities I never dreamed possible.

-Johnathan



TESTIMONIALS

FOREST

For over 4 years, as a way to deal with childhood trauma, I was an addict, thief, liar, and cheat. I fooled my loved ones for a time, but was so guilty-ridden I attempted suicide & OD'd 3 times. I had forgotten mercy. I had forgotten true love. At The Mercy House, New Life for Adults and Youth showed me that through it all, I was not forgotten. I graduated from the 12-month program, stayed for the 6-month additional training, and now I mentor other young women. To think it all started when a New Life flyer made its way to my home in Arkansas. Before we were married, my husband went through the Men's Program. We are happy, healthy, and are expecting our first child.

BRIAN

I was a school guidance counselor with a promising future until drugs took almost everything. I was jailed on felony drug & grand larceny charges & the judge sent me to New Life for Adults and Youth where my family and purpose have been restored. Now my once-squandered skills are used to counsel others. Without New Life, I'd be either dead or in prison, but thanks to the counseling and coping-skills training I have a new life, a new career, and am raising my daughter to make healthy decisions. I never thought I'd get this second chance.

LINDA

A friend recommended New Life and the healing process began the moment I applied. I was embraced by a love that was unfamiliar to me. At The Mercy House, I began to actually want healing, which had never happened before, and my thinking began to change. I had the chance to do work- training in several areas and found I have a real knack for retail sales. New Life got me prepared for the workplace and now I have a terrific career with a furniture retailer. My husband and I truly believe in the work of New Life for Adults and Youth and find great joy in financially supporting the program that rescued me from the grave.



^{*} Statistics based on three year cycle from 2016-2019

WORK EXPERIENCE PROGRAMS

One significant means of fulfilling the mission at New Life is our Vocational Training Program. Through a series of daily, supervised work assignments the students grow through performance as part of their recovery and therapy strategy. Our work experience programs equip residents to learn new career fields and acquire work-related skills including responsibility, teamwork, communication, and enterprise.

New Life staff members mentor students through the process of reforming and maturing their character, overcoming addictive patterns of behavior, adopting productive work habits, and instilling in them a sense of excellence.

At New Life for Adults and Youth, we believe in providing job training for our residents to help them successfully re-enter the workplace after graduating from the program.

Current New Life for Adults and Youth programs train students in a variety of technical and entrepreneurial fields including building and maintenance, retail, customer service, and automotive detail and repair.

By shopping at our stores and using our service you provide training for our students while helping provide resources for our homes.





residents reported income levels below the poverty line in the last year.

When you donate to New Life Super Thrift you are part of the heroic mission addressing poverty in our community. More than 25% of our citizens live at or below poverty. Statistics have revealed that the poverty rate for children in Richmond under 18 is nearly 40%. That news is heartbreaking.

For almost 50 years New Life has been a powerful resource of goods to our community. Mothers who need a bed for their children, a child who needs shoes and clothing, a family who has lost their home to a fire and needs furniture -- all have found help at New Life Super Thrift.

When a family is working to establish a home, there are many expenses: power, water, rent, medical, and school-related costs for children. This leaves the family with little left for other household needs. That's where New Life comes in. When you donate, you help provide household items, bedding, drawers, tables, chairs dishes, clothing, shoes and other resources.

These items help families function successfully, while providing a sense of dignity and self-worth.

SPONSORSHIP

What makes sponsorship with New Life extraordinary?

Sponsoring a Student with New Life is absolutely life-changing. In the most cost-effective way, together we can end addiction and abuse and restore dignity. We not only rescue these hurting people and give them a warm bed and meal, but we immediately address the hopelessness and trauma that is associated with the bondage of addiction.

Here is what sets New Life apart from other wonderful charities and outreaches with similar causes: We believe in the power of transformation in preference to incarceration. The lives of suffering men and women can be changed. We maintain a disciplined home environment where the students are given a genuine chance at a new beginning. Here they receive the vital skills necessary for a complete life change.

For almost 50 years, hundreds of thousands of students and families have received help from New Life. Students live in our homes for 12 to 18- months, receiving residential care, practical mentorship, vocational and life-skills training, and an opportunity for recovery from the life-controlling problems that had been destroying their lives.

Help--A HAND UP NOT A HAND OUT--is provided without regard to race, social background or creed.



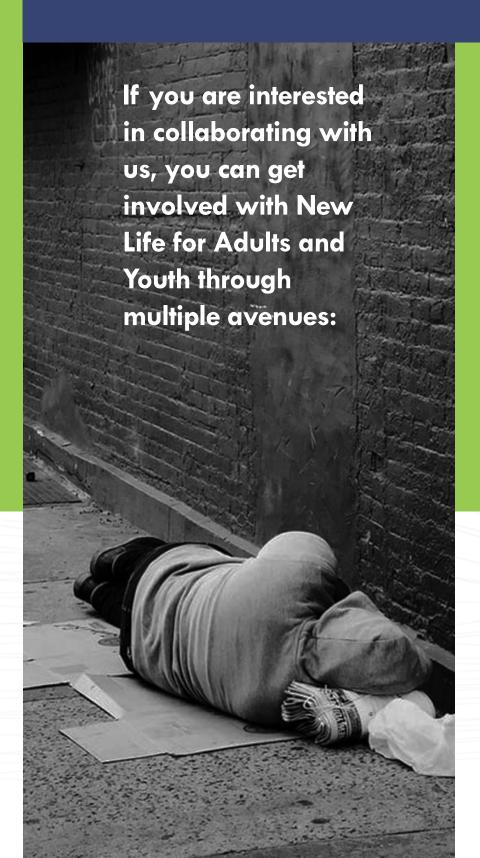
Giving online is easy: newlife.center/donate

When You Sponsor a young person, Generous Donors will provide \$100 toward Critical Care.

Your donations will go to a warm bed, meal, clothing, and desperately needed traumainformed counseling.



HOW TO GIVE:





Match Your Employees' Gifts:

Organizations can double their impact when you match gifts to New Life for Adults and Youth. If you already have a matching program, just be sure to include New Life for Adults and Youth in your list of acceptable charities. If you would like to start a matching program, please contact Corporate Relations.

Make an Impact today!

You can transform the life of a desperate young woman or ahopeless young man.



United Way Giving:

Organizations that participate in the United Way Campaign have the ability to allow their employees to designate their gifts directly to New Life for Adults and Youth. Employees can specify New Life for Adults and Youth by including the United Way agency number – 31059 – on their annual pledge card. Organizations may request speakers from New Life for Adults and Youth to attend their annual United Way campaign kick-off by emailing Corporate Relations.



Grant Funding:

New Life for Adults and Youth is a 501(c) (3) non-profit org. with programs and services that often fit the focus of corporate giving programs. To inquire about grant opportunities or to invite New Life for Adults and Youth to submit a proposal for funding, please contact us.

To Learn More Email: info@newlifeforyouth.org

Because of your partnership, you become part of the healing process.



Get Connected > VOLUNTEER

One of the most rewarding ways many people contribute to New Life for Adults and Youth is to volunteer. We have a variety of possibilities if you're interested in giving some of your time. But be careful, once you spend time around New Life for Adults and Youth, you'll find it hard to leave!

CONTACT INFORMATION

New Life For Adults and Youth 2501 Turner Road Richmond, VA 23225

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Phone: 1-844-231-HOPE

Registered Charity: 23-7225441

New Life for Adults and Youth is a 501(c)(3) public charity that operates under the highest standards of financial accountability.

www.newlife.center